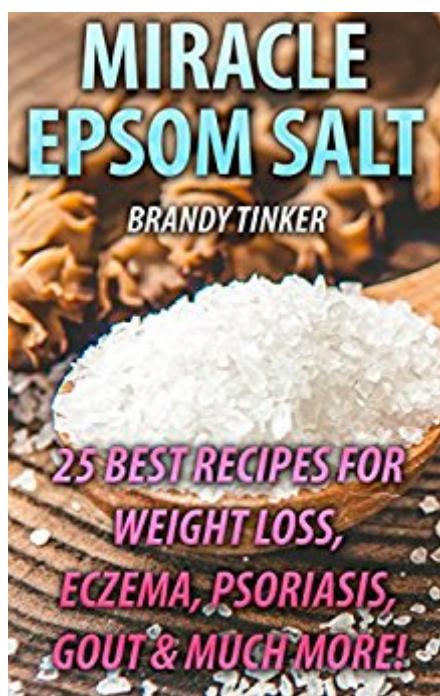


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Customer Reviews

Book is as titled, but I wasn't overly enthused. It was just okay. Author does clarify in book that Epsom Salt is not going to cause you to lose fat but rather lose water weight. So if you're thinking to read this book for weight loss, this will not be a long term solution. Author does go over how to use Epsom salt for gardening/bug deterrent, cleaning, and beauty.

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